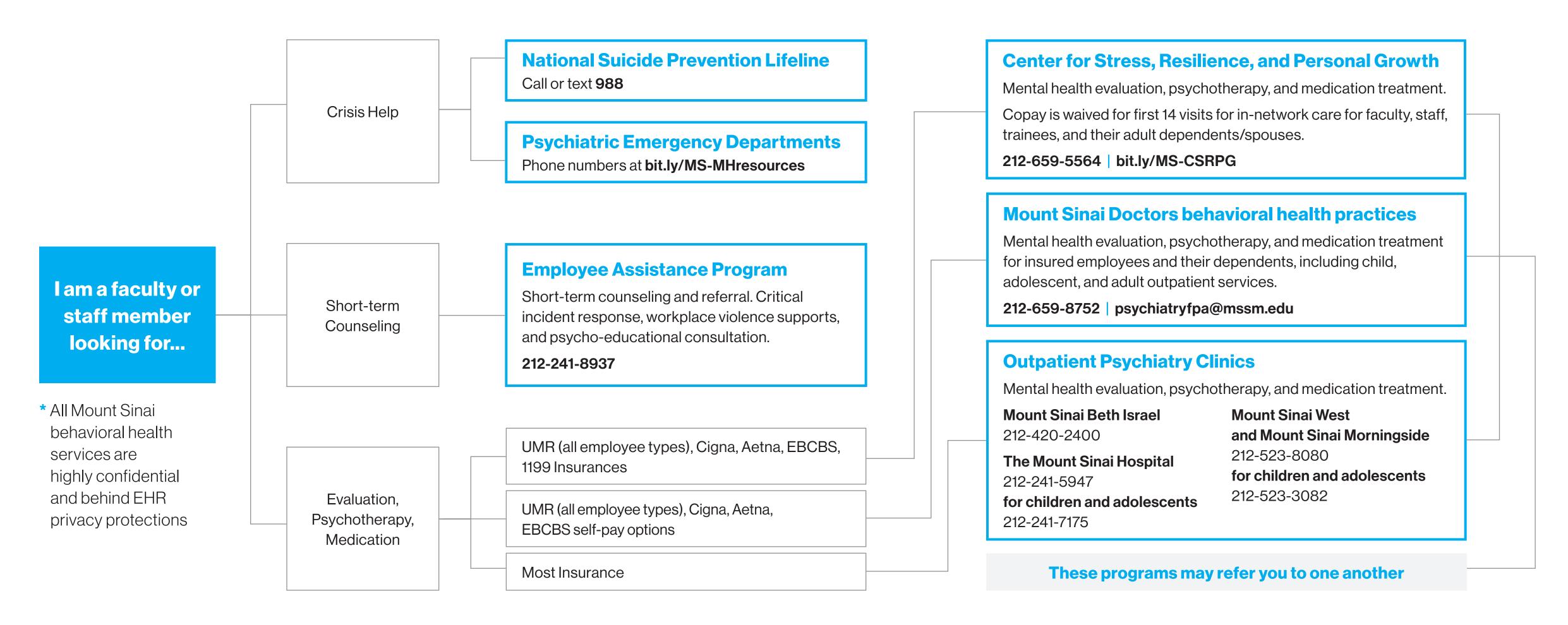
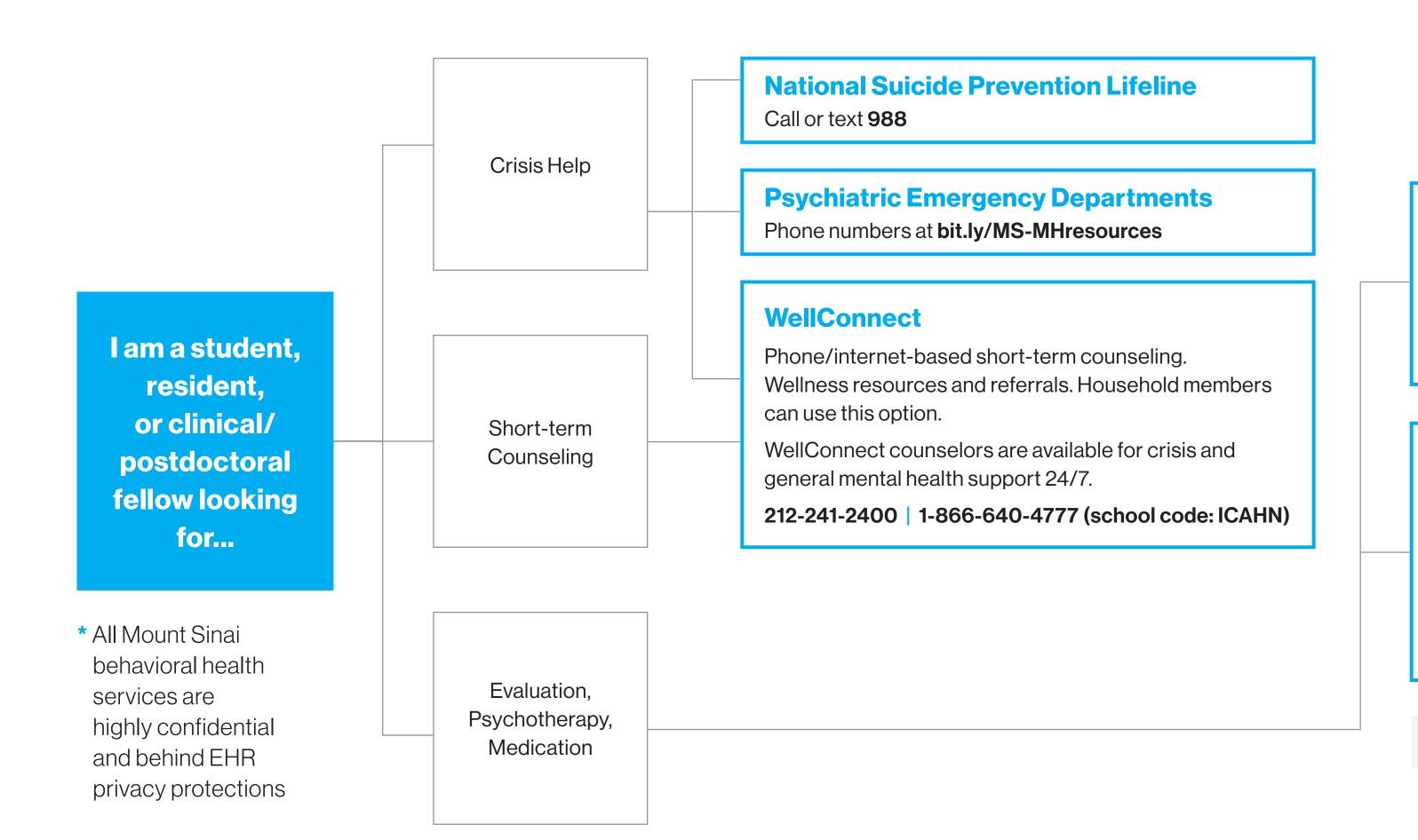
Mount Sinai Health System Mental Health Resources*



This resource is brought to you by The Office of Well-Being and Resilience OWBR@mssm.edu | 212-241-5057 | mshs.co/3KBpCQY



Mount Sinai Health System Mental Health Resources*



Center for Stress, Resilience, and Personal Growth

Mental health evaluation, psychotherapy, and medication treatment.

Copay is waived for the first 14 visits for in-network care for faculty, staff, trainees, and their adult dependents/spouses.

212-659-5564 | bit.ly/MS-CSRPG

Student and Trainee Mental Health

Mental health evaluation, psychotherapy, and medication treatment. In-person and virtual options.

Appointments are **free** regardless of insurance. In-person and virtual options. Evening appointments available.

STMH@mssm.edu | bit.ly/MS-STMH 212-659-8805 | 9 am-5 pm, Monday through Friday

These programs may refer you to one another

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